

Depression and Bipolar Support Alliance

Feeling down?
Feeling sad? Feeling withdrawn?
Feeling depressed?
Good Days & Bad Days?
You're not alone.

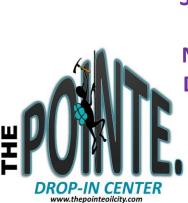
We are here to support each other.

We meet the 2nd Tuesday of each month. 5:00 pm – 6:00 pm

All meetings are confidential.

Meeting Dates for 2023

January 10th @ 5pm February 14th @ 5pm March 14th @ 5pm April 11th @ 5pm May 9th @ 5pm June 13th @ 5pm



July 11th @ 5pm
August 8th @ 5pm
September 12th @ 5pm
October 10th @ 5pm
November 14th @ 5pm
December 12th @ 5pm