

Stigma Trainings

Montana State University Training Series on YouTube

Dr. Kari Finley

Research Scholar/ Center Manager

Dr. Kari Finley is a Senior Research Scientist for the Center for Health and Safety Culture. Dr. Finley holds a Ph.D. in Human Services from Walden University and a master's degree in Social Work (M.S.W.) from Colorado State University. Dr. Finley's key roles include research, scientific writing, and tool development, and she is a principal investigator for multiple projects. As a Licensed Clinical Social Worker, Dr. Finley's previous clinical experience in the mental health and addiction fields brings expertise in behavior change to reduce stigma.

Six-Part Series

1. What is Stigma

<https://www.youtube.com/watch?v=XfVwe4WJlIU>

In this Spotlight, Dr. Kari Finley provides a definition of stigma and discusses the differences between stigma and prejudice.



2. How Does Stigma Impact us?

<https://www.youtube.com/watch?v=7Q-93YE2x78>

Dr. Kari Finley explores four kinds of stigma: public stigma, self-stigma, courtesy stigma, and structural stigma.



3. Where Does Stigma Come From?

<https://www.youtube.com/watch?v=dgg8hbCahKA>

Dr. Kari Finley discusses why there is stigma and how it evolves.



4. How can I make a difference? Part 1

<https://www.youtube.com/watch?v=FT4ZdTG1xBA>

Dr. Kari Finley discusses labeling theory and the role that language and labels have on stigma. She provides examples on what language can be used to be more inclusive and less stigmatizing.



5. How Can I Make a Difference? Part 2

https://www.youtube.com/watch?v=Y8_1xFZNCnU

Dr. Kari Finley introduces attribution theory and discusses four ways to reduce and eliminate stigma.



6. Where Do We Go From Here?

<https://www.youtube.com/watch?v=sNqFNHDbwM4>

In this video, Dr. Kari Finley reviews the Stigma Training Video Series and proposes a call to action that can help reduce and eliminate stigma.

