

Wellness Is About Balance

Join us while we discover what balance looks & feels like for each of us.



**8 Dimensions of Wellness
Support Group**

*Environmental
Spiritual
Emotional
Occupational*

*Physical
Intellectual
Social
Financially*

OIL CITY MEETING

2nd Tuesday of Each Month
(starting July 11th)
1:00 pm – 2:00 pm

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106 Walnut Street Oil City, PA

OIL CITY MEETING

4th Tuesday of Each Month
5:00 pm – 6:00 pm

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259 Seneca Street Oil City, PA

FRANKLIN MEETINGS

Fridays of Each Month
(except 2nd Friday of the month)

1:00 pm – 2:00 pm

@

701 Grant Street Franklin, PA 16323

All Meetings Are Confidential

Questions? (814) 676-1009